



Therapy Dogs: A Whole-School Approach

Considering Therapy Dogs for your school?

Join Roz Rimes for a thought-provoking professional conversation about Animal Assisted Therapy (AAT), focusing on, Therapy Dogs. As a whole school approach this evidence-based initiative is included in the state government's funding commitment for tailored mental health support for schools and students.

As an educator who has worked in the field of AAT for over 10 years, Roz knows firsthand the positive impacts and transformative effects of Therapy Dogs on primary, secondary, and higher education students and staff. Through her business Live with Zest, Roz, Flash and Rafa (two accredited Labradoodles), use intentional canine interactions underpinned by wellbeing science, to support students and staff to feel calmer, more focused and flourish personally and academically.

In this interactive and energetic webinar, Roz will be joined by Dr Tiffani Howell, Senior Research Fellow in the School of Psychology and Public Health at La Trobe University who has expert knowledge of canine capacity and welfare.

You will come away with:

- An understanding of best practice approaches for Therapy Dogs
- Knowledge of a Therapy Dog's capacity to improve school community wellbeing
- Consideration of a Therapy Dog's wellbeing needs
- Effective ways to improve your wellbeing via intentional interactions with your canine companion
- Questions to ask a potential Therapy Dog provider.

This webinar is designed for teachers, wellbeing staff, leaders and leadership teams in Primary and Secondary schools interested in Therapy Dogs as a mental health support initiative.

How to attend/register?

AEU & Non AEU members: email Anne at the AEU Professional Learning office: anne.huggins@aeuvic.asn.au

You will receive a confirmation email and WebEx link.

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